

# NUTRITIOUS MEAL SHAKE FOR THE WHOLE FAMILY



## B3 Meal

**Try to find another delicious Meal Shake that provides this much healthy nutrition for your body.**

Now meal shakes are not just for people trying to lose weight or body builders trying to build muscle.

**B3 Meal Shake is for every member of your family.**

B3 Meal is the perfect way to start your day if you cannot stop for a healthy breakfast.

**When do you use B3 Meal? Simple, whenever you cannot eat a nutritious, healthy meal.**

Want to lost weight, replace 1 or 2 meals a day with B3 Meal.

**Vegetable Protein Complex · Super Food  
Omega Essential Fats · Aloe · Fiber  
Preservative Free · Vegan · Gluten Free**

***Designed for the whole Family!***



# ALL THIS IN A SUPER FOOD MEAL SHAKE

## Plant Protein

With Pea & Rice protein, a plant based complex, you are getting a far superior protein compared to whey, egg, and soy protein powders. Plant protein has a high absorption rate, a higher net nitrogen utilization, is hypo-allergenic, vegan, dairy and gluten free,

## Super Food

Gooseberry, also know as Amla has been used for generations around the world for it's antioxidant properties as well as tissue repair and immune boosting properties.

## Omega Essential Fats

Essential Fats are a vital part of daily health. 'Meal' contains Algae Omega and Flaxseed Omega to provide essential DHA and Omega essential fatty acids. Most meal shakes and protein powders ignore your bodies need for essential fats.

## Reds and Greens

'Meal' contains a blend of high quality powders derived from red and green fruits and vegetables. Antioxidants from nature are essential to living a long and healthy life. B3 Sciences is one of the few companies that take the extra step to put these vital nutrients in your meal shake!

## Aloe

We use a patented Aloe technology in all our products to greatly increase the absorption of the ingredients. Better absorption means better results for your money.

## Fiber

Everyone knows the importance of fiber in the diet. Each B3 Meal contains 11 grams of healthy fiber.

## All-Natural, Vegan & Gluten Free

There are never any preservatives in B3 RTM (Ready to Mix) products.

Cocoa Powder provides a delicious flavor that is all natural.

Vegan and Gluten Free is essential in today's world of foods loaded with animal products and chemicals.

## Nutrition Facts:

Calories 120  
Protein 15 gms  
Carbs 17 gms  
Fiber 11 gms



# BE HEALTHY, BE FIT, BE STRONG